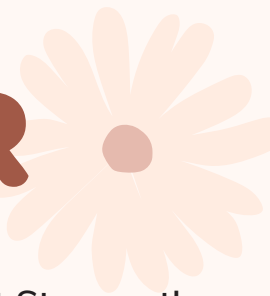


FEBRUARY 2023

Counseling CORNER



SEL Update:

This month, the students at Stormonth continued their work on teamwork and cooperation. After that, we transitioned to working on problem solving skills! We talked about different steps we can take to solve problems and the importance of not giving up if we aren't able to solve a problem right away. In addition, we talked about recognizing how big the problem we are working to solve is (small, medium, or big) and how the size of our reaction should match the size of the problem. Students enjoyed doing different scenarios and activities with their classmates where they needed to work together and use cooperation to solve a problem.

-Amanda Burns & Gregory Newburg

As February and Trimester 2 have come to a close, we are able to look back and reflect on what our students have accomplished in our Guidance lessons this past month. During the month of February, our 5th & 6th graders practiced cultivating a growth mindset. We supplemented this lesson with an activity where our students turned old newspaper headlines and clippings into personal, positive messages that can serve as daily reminders that they are capable of overcoming challenges. Our 7th graders learned what it means to recognize others' feelings. Our 8th graders are working on selecting courses as they prepare to transition to high school.

-Charity James & Gregory Newburg

Resources of the Month:

- [Problem Solving with Your Elementary Student](#)
- [Why Problem Solving Skills Matter](#)



4th grade students celebrating when they completed their cooperation and problem solving activity!



Stormonth Students participated in Kindness Bingo leading up to Random Acts of Kindness day on February 17th!



1st grade students enjoying practicing teamwork and cooperation!

Summer Pathways!

[CLICK HERE](#) to check out the Summer Pathways courses available for your students this summer!

Mental Health & Wellness at Fox Point-Bayside:

Please [CLICK HERE](#) to see our district's Mental Health Services & Partnerships:

- Clinical Psychology Associates
- Student and Family assistance Program (SFAP)

Stormonth


Bayside



Bayside students working hard on their Growth Mindset Newspaper Activity!



Who we are following:

 [North Shore Center of Behavioral Health Education](#)

 [@childmindinstitute](#)